

# Grilled Chicken Pieces



Nutrition Facts	
Servings per container	(85g)
<b>Serving Size</b>	<b>(85g)</b>
Amount per serving	
<b>Calories</b>	<b>180</b>
% Daily Value*	
<b>Total Fat</b> 9g	<b>12%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 570mg	<b>25%</b>
<b>Total Carbohydrate</b> 6g	<b>2%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 20g	
Vitamin D 0mcg	<b>0%</b>
Calcium 612mg	<b>45%</b>
Iron 3mg	<b>15%</b>
Potassium 247mg	<b>6%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Skillet

Heat a drizzle of oil on medium in a nonstick pan. Cook for **8 minutes**, stirring occasionally until browned.



<b>GTIN</b>	10850015437332
<b>Weight</b>	10 lbs

**20g**  
Protein

## Ingredients

Water, Soy Protein Isolate, Soy Protein Concentrate, Canola Oil, Wheat Protein Isolate, Soybean Oil.

### CONTAINS 2% OR LESS OF:

Natural Flavors, Calcium Carbonate, Rice Starch, Iota Carrageenan, Soy Lecithin, Maltodextrin, Salt, Yeast Extract, Garlic Powder, Black Pepper, Dextrose, Paprika, Vinegar.

↳ CONTAINS SOY AND WHEAT

